

2022-23

Past Events

Date	Title	Type	Description	Location	Event
10/2022	Harvesting the Benefits of Gratitude Journaling	Presentation	Missouri River Energy Services: Lunch & Learn	Sioux Falls, SD	Private Event
1/8/2022	Bound to Journal: Journals & Essential Oils	Expo	Holistic Health & Spirituality Fair	Sioux Falls, SD	Annual Vendor Event
1/24-28/2022	Journaling Your Journey: Juvenile Detention Center	Workshop	Journey of Hope: Arts Connecting to Community	Sioux Falls, SD	Private Residency
1/24-28/2022	Journaling Your Journey: Glory House	Workshop	Journey of Hope: Arts Connecting to Community	Sioux Falls, SD	Private Residency
1/19/2022	Bound to Journal: Journals & Essential Oils	Expo	One Stop Christmas Shoppe	Austin, MN	Annual Vendor Event
3/2023	Journal Your Stress Away	Teaching	Sioux Falls Community Education	Sioux Falls, SD	Winter Blues Edition
3/23/2023	Journal Your Stress Away	Teaching	Austin Community Education	Austin, MN	Winter Programming
3/25/2023	Making a Diffuser Bracelet	Teaching	Austin Community Education	Austin, MN	Winter Programming
3/14/2023	Intro to Journaling	Teaching	Sioux Falls Community Education	Sioux Falls, SD	Winter Blues Edition
3/16/2023	Intro to Journaling	Teaching	Sioux Falls Community Education	Sioux Falls, SD	Winter Blues Edition
3/21&23/2023	Creative Techniques for Journaling	Teaching	Sioux Falls Community Education	Sioux Falls, SD	Winter Blues Edition
3/25/2023	Bound to Journal: Journals & Essential Oils	Expo	River City Holistic Expo	Yankton, SD	Annual Vendor Event
3/4/2023	Intro to Journaling	Teaching	Sioux Falls Community Education	Sioux Falls, SD	Winter Blues Edition

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